

## PALM SUNDAY

Today we begin our celebration of Holy Week by recalling the triumphant entry of Jesus to Jerusalem. We mark it by carrying our palms, to celebrate the joy of his entry, like the people at the time, our palms are signs of victory and rejoicing, rather than a remembrance of Jesus suffering on the cross. At all Masses we remember this entry by walking in procession and singing our rejoicing at Jesus arrival in his city, weather permitting.

### MONDAY IN HOLY WEEK

#### **21<sup>st</sup> March**

SM 10:00 Mass followed by Confession

### TUESDAY IN HOLY WEEK

#### **22<sup>nd</sup> March**

19:00 **Chrism Mass & Blessing of Oils.**

St John's Cathedral, Norwich

*Coach leaves St Peter's at 16:45*

*Coach leaves St Mary's at 17:00*

Acle 19:30 Dramatised Stations of the Cross

### WEDNESDAY IN HOLY WEEK

#### **23<sup>rd</sup> March**

SM 10:00 Mass followed by Confession

SM 12:30 Lenten Lunch in the Presbytery

JPH 16:30 Mass

SM 17:30 Confessions in Polish

## MAUNDY THURSDAY

#### **24<sup>th</sup> March**

### ***THE EASTER TRIDUUM***

We begin our celebration of the Easter Triduum at the Mass of the Lord's Supper. We hear the traditions of the Passover and St Paul gives us the first written account of the institution of the Eucharist. In the gospel Jesus is at supper and washes his disciples feet, he calls them to follow him in service of each other. The washing of the feet takes place and Jesus calls us to receive his Body and Blood in Holy Communion and live out his commandment of love in our service of each other. We welcome Bishop Belo, retired bishop from East Timor celebrating the Triduum in St Mary's Parish with our community from East Timor.

#### **Mass of the Lord's Supper:**

#### **St Mary's, Great Yarmouth**

**19:30**

Procession to the Altar of Repose.

Watching & silent prayer:

Night Prayer of the Church until 22:30

*(Collection for SVP)*

#### **St Peter's, Gorleston**

**19:30**

Procession to the Altar of Repose.

Watching & silent prayer:

Night Prayer of the Church until 23:59

*(Collection for SVP)*

## GOOD FRIDAY

#### **25<sup>th</sup> March**

Day of Fasting & Abstinence from meat

Today the Church does not celebrate Mass, the liturgy of the Passion is both ancient and noble in its simplicity. Isaiah prepares us for the suffering of Jesus, the letter to the Hebrews speaks of obedience through suffering and St John shows us the cross with all its pain, yet it is here that Jesus triumphs over death and through the wood of the cross we are saved. We venerate the cross, expressing our love and thanks to Jesus for all that he has done for us, finally we receive Holy Communion, sharing his body and blood given for us.

SM 09:00-13:00 Reflection on the Mercy of God in Tetum and Portuguese

SP 10:00-12:00 Syro-Malabar Service

SP 12:00-14:00 Lenten Lunch in Hall

#### **The Solemn Liturgy of the Passion.**

#### **St Mary's, Great Yarmouth**

**15:00**

*(Collection: Holy Land Shrines)*

SM 18.00 Stations of the Cross in Tetum & Portuguese

SM 19:30 Stations of the Cross

#### **The Solemn Liturgy of the Passion.**

#### **St Peter's, Gorleston**

**15:00**

*(Collection: Holy Land Shrines)*

SP 19:30 Stations of the Cross

## HOLY SATURDAY

26<sup>th</sup> March

Holy Saturday is a quiet day in the life of the Church, Jesus is in the tomb, all is still. The Sacraments are not celebrated today, we are waiting the Resurrection.

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The Easter Vigil is the greatest of all the Church's vigils, celebrating our salvation and the resurrection of Jesus. We begin with the blessing of the new fire and the light of Christ risen from the dead. We hear readings from the Old Testament, celebrating creation, life and re-creation. The new water of Easter is blessed in the font, we all renew our Baptismal Promises and are sprinkled with the Easter water.. Finally we celebrate the new life which Jesus shares with us in the Eucharist and receive our Easter Communion.

SM 14:00 Polish Blessing of food

### **The Easter Vigil**

**St Mary's, Great Yarmouth**

**20:00**

*(Collection is Easter Offering for the Clergy)*

**St Peter's, Gorleston**

**20:00**

*(Collection is Easter Offering for the Clergy)*

## EASTER SUNDAY

27<sup>th</sup> March

**St Peter's, Gorleston**

**09:00** Sung Mass

**St Edmund's Acle**

**09:15** Mass with hymns

**St Mary's, Great Yarmouth**

**11:00** Sung Mass

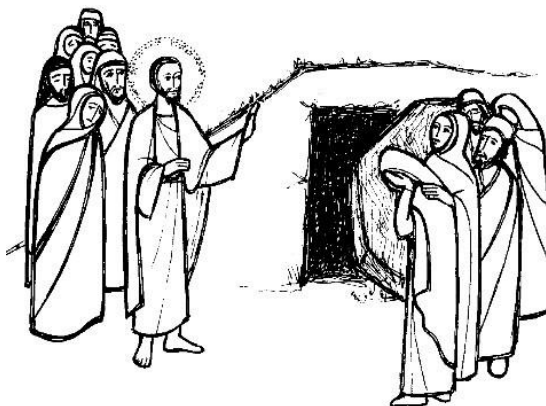
**St Mary's, Great Yarmouth**

**14.00** Mass in Tetum & Portuguese

**St Ignatius, Caister**

**17:00** Mass with hymns

*(Easter Offering at all Masses for the Clergy)*



**HE IS RISEN!!  
ALLELUIA!!**

**ST MARY'S,  
GREAT YARMOUTH  
AND  
ST PETER'S,  
GORLESTON**



**HOLY WEEK  
AND  
EASTER TRIDUUM  
2016**